

ATOMIC ENERGY JUNIOR COLLEGE, MUMBAI -400094

IMPORTANT NOTICE TO STUDENTS

Department : HEALTH & PHYSICAL EDUCATION

Sub :FIT INDIA QUIZ-- 2021

Under the banner of *FIT INDIA MOVEMENT* the FIT INDIA QUIZ is organized.

Interested students are required to register their names with the Health & Physical Education Department latest by 23rd Sep 2021 before 1400 hrs.

For details of the quiz students can go through the Fit India website—link is given below.

The questions in the State and National rounds will also include audio-visual and image-based questions to make the quiz interactive and interesting. Preliminary round will also have image- based questions. The Quiz will have questions from multiple themes as outlined below.

- History of Indian Sports, Traditional Sports and Games, Yoga, Personalities etc
- Fitness topics with special emphasis on Indian traditional fitness methods.
- Olympics, Commonwealth Games, Asian Games, Khelo India Games and other popular sports.

FOR MORE INFORMATION YOU MAY VISIT THE FOLLOWING WEBSITE.

LINK TO FIT INDIA WEBSITE : <https://fitindia.gov.in/fit-india-quiz>

PRINCIPAL